

# SUPPORT GROUPS

## NATIONAL

### **Samaritans**

116 123  
[www.samaritans.org](http://www.samaritans.org)

### **NSPCC**

0800 1111  
Childline for children  
[www.nspcc.org.uk](http://www.nspcc.org.uk)

### **Refuge**

0808 2000 247  
Provides 24 hour helpline  
[www.refuge.org.uk](http://www.refuge.org.uk)

### **CRUSE Bereavement Care**

0808 808 1677  
Mon to Fri 9am to 5pm  
[www.cruse.org.uk](http://www.cruse.org.uk)

### **IDAS – Independent Domestic Abuse**

03000 110 110 (N Yorks)  
[www.idas.org.uk](http://www.idas.org.uk)

### **NY County Council**

01609 780780  
[www.northyorks.gov.uk](http://www.northyorks.gov.uk)

### **Hambleton District Council**

01609 779977  
[www.hambleton.gov.uk](http://www.hambleton.gov.uk)

### **Easingwold Town Council**

822422  
[www.easingwold.gov.uk](http://www.easingwold.gov.uk)

### **Diabetes**

[www.york-adult-diabetesukgroup.org](http://www.york-adult-diabetesukgroup.org)  
01904 410490 or  
[yorkdiabetes@hotmail.co.uk](mailto:yorkdiabetes@hotmail.co.uk)

### **Asthma**

[www.asthma.org.uk](http://www.asthma.org.uk)  
Monday to Friday, 9am to 5pm  
on 0300 222 5800

### **Universal Credit – DWP**

[www.gov.uk/universal-credit](http://www.gov.uk/universal-credit)

[www.understandinguniversalcredit.gov.uk/employment-and-benefits-support/#north](http://www.understandinguniversalcredit.gov.uk/employment-and-benefits-support/#north)

### **Latest Government advice:**

<https://www.gov.uk/government/collections/coronavirus-covid-19-list-of-guidance>

### **Telephone befriending**

Easingwold District Community Care Association (EDCCA)  
822875 or  
[info@edcca.org.uk](mailto:info@edcca.org.uk)

### **Dementia Forward**

03300578592  
[www.dementiaforward.org.uk/](http://www.dementiaforward.org.uk/)

### **The Silver Line**

0800 4 70 80 90  
[wwwthesilverline.org.uk/](http://wwwthesilverline.org.uk/)

### **National Autistic Society**

[www.autism.org.uk/](http://www.autism.org.uk/)

### **Mental Health Helplines**

[www.nhs.uk/conditions/stress-anxiety-depression/mental-health-helplines](http://www.nhs.uk/conditions/stress-anxiety-depression/mental-health-helplines)

### **Local Community Support**

### **Easingwold Community Care Association (EDCCA)**

[info@edcca.org.uk](mailto:info@edcca.org.uk) or 822875

### **Pastoral Care**

(Easingwold church buildings are open for private prayer at certain times)  
Anglican – 01347 821394  
Methodists 01347 821460  
RC Church 01347 821295  
Community Church 01347 822531  
Ideas of where to get:

### **Digital library**

[www.northyorks.gov.uk/digital-library](http://www.northyorks.gov.uk/digital-library)

### **Citizens Advice Bureau (CAB)**

Advice Line 0808 278 7900  
Freephone  
277 High Street, Northallerton,  
North Yorkshire, DL7 8DW.

**Donations and legacies for the Association are always very welcome and can be gift aided.**

## GETTING IN TOUCH

**If you are interested in finding out more about any of our services or would like to be a volunteer then please contact Easingwold District Community Care Association**

### **Office Hours:**

Monday, Tuesday,  
Thursday and Friday 9.30am to  
12.30pm

**Tel:** 01347 822875

**Email:** [info@edcca.org.uk](mailto:info@edcca.org.uk)

**Website:** [www.edcca.org.uk](http://www.edcca.org.uk)

The Police House  
Church Hill  
Easingwold  
YO61 3JX

**Charity number 1172534**

## EASINGWOLD DISTRICT COMMUNITY CARE ASSOCIATION



## SERVICES & ACTIVITIES



## WHO ARE WE?

Easingwold District Community Care Association (EDCCA) is a registered charity which seeks to improve the quality of life in the local community and help those in need.

EDCCA has a small professional staff with a team of volunteers and is dependent on grants from statutory bodies, charitable trusts and individual donations.

### THE AREA WE COVER

Aldwark	Newton-on-Ouse
Alne	Oulston
Brafferton	Raskelf
Brandsby	Shipton-by-Beningbrough
Carlton-Husthwaite	Skewsby
Coxwold	Stearsby
Crayke	Stillington
Easingwold	Sutton-on-the-Forest
Farlington	Tholthorpe
Flawith	Thormanby
Helperby	Tollerton
Huby	Wass
Husthwaite	Whenby
Linton on Ouse	Yearsley
Myton-on-Swale	Youlton



## ACTIVITIES AND SERVICES

### Shopping

you supply the list and we do the rest.

### Collecting prescriptions

we have volunteers collecting prescriptions on Tuesdays and Thursdays. Please call or email us and we can deliver these to you.



### Befriending Scheme

which has a dedicated team of volunteers who are willing to help and enhance individuals living independently by giving their time for shopping, trips out, or coffee and a chat.

### Telephone Befriending

Need someone to chat too? We have volunteers who can ring you for a friendly chat.

### Meals on Wheels

The meals service supplies a freshly cooked, nutritious, hot two course meal, delivered by a team of friendly volunteers. This service is currently offered to those living in Easingwold and the surrounding villages.

### Community Car Scheme

to help people who have difficulty using public transport or who need to travel when there is no public transport available. The Scheme is supported by volunteers using their own cars who are paid a mileage allowance. Passengers are charged a contribution towards the drivers' expenses.

### Knit and Natter

meets on the first Monday of every month (except Bank Holidays) 1.30-3.30pm at Springhill Court, Manor Road, Easingwold.

### Crossword Club

meets every Monday 10.30-12.30pm at the Police House, Easingwold.

### Sitting Service

Volunteers visit carers in their own home and provide them with the opportunity to have a break, visiting their friends, having a trip out or going to a medical appointment. The volunteer sits with the person being cared for. There is no personal care involved. Visits are normally weekly or fortnightly and last a couple of hours at a time to suit both the volunteer and the person being visited. Volunteers are paid travelling expenses and training and support is provided.



### Easingwold Community Minibus

EDCCA run regular trips out to various destinations. The bus is available for hire to community and voluntary groups.

### Food Bank

We deliver to Easingwold and our many surrounding villages. If you wish, we can discuss further help and offer confidential support over the telephone. Our food packages contain tinned and dry goods for 3-5 days supply. We include UHT milk, bread and spread as well as toiletries. We can also try to supply fresh fruit and vegetables.

EDCCA also provides information on a wide range of local services and health and welfare matters and sign-posting to specialist agencies if required. We provide a short term Wheelchair Hire Service.